



Mind & Body Reset Massage Ritual

Reset your senses. Restore your balance.

50 minutes | \$130

An immersive aromatherapy journey to calm the mind, relax the body, and restore inner balance.

Begin your journey with intention as you select a personalized aromatherapy blend tailored to your needs—whether calming, uplifting, or grounding.

Your experience opens with a delicate aromatic mist, guiding your breath and gently easing you into a state of relaxation. As *the scent unfolds*, a soothing neck, face, and scalp massage releases tension and quiets the mind. You are then invited to turn over as the ritual continues with a revitalizing back exfoliation using an aromatherapy-infused scrub, leaving the skin refreshed and renewed. The experience flows into a targeted full-body massage with warm, aromatic oils, designed to ease muscle tension, improve circulation, and deepen your sense of well-being.

Choose Your Aromatherapy Mood

Select your blend. We customize your experience.

1 MORNING CALM



- Spearmint
- Bergamot
- Patchouli
- Mint

2 ENERGY



- Pink Grapefruit
- Bergamot

3 SLEEP



- Lavender
- Roman Chamomile
- Blue Tansy,
- Green Mandarin

4 BREATHE



- Eucalyptus
- Spearmint

5 BALANCE



- Cedarwood,
- Juniper Berry,
- Peppermint
- Black Spruce

6 REVIVE



- Lemongrass,
- Lime,
- Grapefruit,
- Geranium, Patchouli

Book your reset today
For booking, please call 407-997-5622.

A 20% service charge will be added to all services.